



Catholic Family Services of Toronto (CFST) does not contact third parties about you without your signed authorization. If you are contacted (telephone, text or email) by a third party unknown to you, that claims to have been authorized by Catholic Family Services of Toronto to provide any services to you, do not provide them with any personal information, ask for the caller's name and organization, write this information down and then hang up if you are contacted by telephone. Do not click on any links/buttons provided in texts or emails.

Next, contact your counsellor, or another CFST staff person if they are unavailable, to verify that the caller/texter/email sender and their organization are legitimate.

Be aware that scammers can use false call display information, text headings or email addresses to try to trick people into thinking the call/text/email is actually from the organization shown on call display/text heading/email address.